

— THE —
BECKSTER
— LIFESTYLE —

SEVEN DAY RESIDENTIAL

PLATINUM PACKAGE

Welcome to a new beginning...

The best way to learn a language is to fully immerse yourself within an environment most conducive to learning. Our newly revised residential packages provide you with a ticket to the destination of happiness and choice. Each package is carefully constructed to ensure an unforgettable learning experience.

Whether this is your first session or one of many, we will pitch your training at a level to ensure suitable development over your time with us.

We hope this brochure covers all you need to know, but if you would like to ask any questions please feel free to contact us at Beckster@TheBecksterLifestyle.com. We look forward to you joining the lifestyle.

Beckster

THE **COMPLETE,**
FORMULATED PROGRAMME
TO MAXIMISE YOUR
SUCCESS.

What is included in a Residential Course?

75 hours of coaching spread over 7 consecutive days

After meeting and assessing your initial experience and goals we will create a bespoke itinerary to move you closer to achieving your desired goal. A total of 75 hours of training will be spread over 7 days. The schedule is subject to change depending on your needs and progression over the time period.

Trained wing girl

We have a range of wonderful, fully trained wing girls. They not only provide social proof but are also able to provide advice, opinions and answer questions from a female perspective. Included in your package is one night where the wing girl will accompany you and an instructor.

Focused, one to one training

One to one training means the focus is all on you! Our attentive instructors will spend their time teaching, observing, demonstrating and advising you exclusively.

Female coach

What sets us apart from many dating companies out there is not only Beckster's 20 years of experience, but our experienced, female coach who will work with you throughout the week. Her unique female perspective and teaching techniques will provide you with a unique skill set exclusive to The Beckster Lifestyle.

Access exclusive venues/member's clubs with VIP table and drinks

These clubs are often populated with a slightly different clientele, calling for a more advanced level of skill; this will give you the perfect opportunity to learn and exercise these skills!

Personal style, fashion and grooming

You will receive a personal image consultation and work with our experiences consultants to ensure your image portrays who you are, giving the best first impression.

- Peacocking for the modern man
- Colour analysis
- Styles, cuts and fabrics that suit you, your build, and lifestyle
- Hair, accessories and eyewear

Health, nutrition and fitness

Our qualified personal trainers and nutritionists will work with you to achieve a bespoke, easy to follow fitness plan and nutritional guide. You will have the opportunity to discuss bigger fitness plans you may have, or just hear some tips to make small changes and see big results!

You will also work with one of our meditation instructors to improve your focus and concentration – a vital skill for communication!

Cold reading crash course

We share the key “need to know” skills of cold reading; a skill that is incredibly powerful in developing rapport early on. We will work with you to define your personality profile, and help you to understand how to profile others, allowing you to enhance and tailor communication to their personality type.

- Personality profiling with Beckster
- Understanding personality styles
- Learn how to communicate with different personality types

Online dating

20% of current, committed relationships began online, and this isn't counting the fun, short term encounters that make up an even bigger number! We will take you through setting up the most effective profile, starting a conversation, getting a date and beyond!

- Profile reconstruction
- Creating an effective bio
- Choosing/taking the best photos (optional professional photographer available)
- Openers
- What to avoid
- Convert to number/WhatsApp
- First message to date

Approaching

You will experience the best way to approach in a variety of different settings, such as coffee shops, bars, on your commute, and so on, using an array of approach models:

- Direct
- Indirect
- Observational
- Situational
- Stock opener
- Semi-rect
- Avatar
- Absurd
- Mixed sets

Never run out of things to say

Learn how to eliminate the fear of running out of things to talk about. You will create interesting stories to tell and learn how to prompt others into feeding the conversation.

- Association
- Hooks (using cues to provoke story telling)
- Improve your social life

Creating attraction and developing a connection

- Recognise the signs of attraction
- How to evoke emotion
- The art of story telling
- Sexual escalation
- Recognising and using commonalities
- Building rapport

Non-verbal communication

“The 7% Rule” states that only 7% of our communication is verbal; 55% being body language and the other 38% being tone of voice. Our experts will teach you how to use your body and voice to your advantage to ensure you are using all your assets when communicating.

- Noticing and displaying the signs of attraction
- Mirroring and cueing
- Eye contact
- Body language
- Posture
- Vocal tonality
- Developing an attractive voice

Escalation

One of the biggest reasons for falling into the dreaded “friend-zone” is failure to escalate and show sexual attraction. One of the biggest reasons for abrupt endings to conversations is escalating too quickly or inappropriately. We will show you how to **find the perfect balance** by **recognising the cues** and responding with **verbal and kino escalation**.

- Recognising the appropriate moment.
- Verbal escalation
- Kino (contact/touch) escalation
- Noticing the cues
- Cueing escalation

Closing

There are many ways to “close” and interaction, whether it is with a number or Facebook add, bouncing to another venue, or choosing to spend the night together at another location, we will show you effective ways to extend the interaction beyond that initial meeting.

- Phone number
- Facebook
- Bouncing to other venues
- Spending the night
- Follow up date

Follow up

At the end of your time with us we will provide you with feedback outlining your key areas of improvement and focus followed by next steps to keep you evolving even after you have returned home.

We know your journey continues beyond the week you spend learning with us and understand many questions arise once you have developed the techniques in the time following your initial training. For this reason, we offer 2 hour-long follow up calls on Skype.

We would also like to invite you to one of our seminars at any location inclusive in the package price. Our seminars are great for learning about new techniques and networking and connecting with others on the same journey as you.

Optional extras for a modern twist

Alternative

Here, at The Beckster Lifestyle, we accept and encourage a whole array of lifestyles. With experience in multi partner and polyamorous relationships ourselves, we discuss the key considerations and share the secrets and skills to threesomes and ‘moresomes’.

Erotic events

The alternative scene is in a world of its own. Providing an array of opportunities to meet unique and exciting people these events allow you to expand your line of thinking and experience a more adventurous side of life. Using our extensive knowledge of the best alternative clubs in London, we will take you to the event that best suits your desires

Book Now

Secure your place on a 7 Day Platinum Residential:



07595158646



Beckster@TheBecksterLifestyle.com